



Contact a Community Connector Coordinator on **01282 433740** or email **connectors@bprcvs.co.uk**

For more information about the Community Connector project visit **www.bprcvs.co.uk**

Referral forms & more information is available on the website



**East Lancashire
Clinical Commissioning Group**

SUPPORT FROM YOUR COMMUNITY





IMPROVE HEALTH & WELLBEING BY CONNECTING WITH YOUR COMMUNITY



Are you visiting your GP, but feel that you would also benefit from social support?

We can help compliment your medical care by supporting you to link with sources of support within your local community. This can include community activities, physical activity, social groups, education, self-help, counselling, complimentary therapies or where to access specialist advice.

How will Connectors support you?



Visit you in your home

Spend time with you & socialise



Accompany you to activities until you're confident to go alone

Offer information about local activities, interest groups & day centres



Arrange support for you to become involved in community groups

Signposting to local services, activities, debt advice, benefits advice & financial support



Help finding transport for appointments & activities

What are Community Connectors?



Community Connectors are volunteers from your community

Community Connectors are caring & compassionate people



Community Connectors will have a positive impact on your health & wellbeing

Community Connectors are managed by Coordinators at BPRCVS



Frequently asked questions

How can I access the service?

Health professionals & GPs can refer you. Family & friends can refer too. Individuals can also self-refer

How long can I expect to wait?

5 working days

How long can I receive support for?

No set time limits. The length of support is discussed & agreed

Is there a charge for the service?

It's 100% free

Do Connectors provide a counselling service?

No, although we can signpost you to a professional service

Are Community Connectors medically trained?

No, they can't support you with medication & personal care

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Start Connecting

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