

Connect with Your Community to improve your health & wellbeing

The Social Prescribing Team will help you to

GET ACTIVE AND
IMPROVE YOUR HEALTH

JOIN IN WITH FUN
ACTIVITIES AND GROUPS

GET OUTDOORS FOR
SOME FRESH AIR

IMPROVE YOUR
MENTAL WELLBEING

FIND FRIENDS AND IMPROVE
YOUR SOCIAL LIFE

HELP YOU TO GO TO THE
DOCTORS' LESS OFTEN

Who wouldn't want a Social Prescribing Team Member to help improve health and wellbeing through social and local community activities?

Get support from a member of your local community

01282 433740

connectors@bprcvs.co.uk



**BURNLEY PENDLE
& ROSSENDALE**
COUNCIL FOR VOLUNTARY SERVICE

Registered Charity Number: 1062446 Company Limited By Guarantee: 3328219



East Lancashire
Clinical Commissioning Group